

Health & Hygiene Protocols

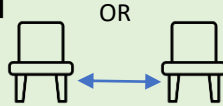
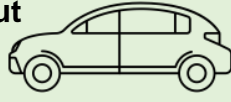
Please read carefully before entering and attending the clinic

Wait in Car

Please wait in car until about 3 to 5 minutes before your appointment time.

Then wait at Clinic door and the Chiropractor will meet and greet you.

Only two people in reception at any one time



Family or Friends to Stay in Car

One adult to accompany children under 16, or clients requiring assistance.



Accessory Items

Leave these items in car - eg watch, jewellery, bags, coats



Sanitise Your Hands

Use sanitiser on entering and exiting the clinic.



Masks

Please wear a mask. Preferably a reusable, freshly laundered one.



Wear Appropriate Clothing

Please wear light, comfortable clothes such gym wear or loose leisure wear that are freshly laundered



Toilet Facilities

Please avoid using the toilet but if necessary, sanitise your hands before entering and leaving the bathroom. Wipe down the surfaces that you touched with the disinfectant wipes provided. Dispose of used wipes into waste bin only - do not flush down toilet



Do Not Touch

Please avoid unnecessary touching of surfaces in the clinic e.g. door handle, rails, chairs etc .



Clinic Procedures

Please follow our instructions for our one-way system for entering and leaving the clinic. Appointment are being spaced to allow extra time for cleaning and disinfecting of surfaces after each client



Consent Form

Don't forget to complete the COVID-19 Consent form before each treatment session.



COVID-19 Symptoms You Must Reschedule if:



- You are experiencing any signs and symptoms of COVID-19 (cough, sore throat, tiredness, fever, loss of taste or smell)
- Exposed to anyone with suspected or diagnosed COVID-19 in last 14-21 days
- Worked or attended a clinic facility treating COVID-19 patients in the last 14-21 days.

Online Payments

Payment online in advance is preferable. Cash/card at reception will still be available.

